

Flu Symptoms

Headache

Fever

Chills

Muscle ache

Dry cough

Vomiting and/or diarrhea

Flu Protection

Vaccine

Nasal-spray vaccine

Cold or Flu

Flu is worse than the common cold

Symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense

People with colds are more likely to have a runny or stuffy nose.

Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.